

## Stir Up Blessing

*This was written for a service in the lead up to advent – for the Sunday which is traditionally designated “Stir Up Sunday” when the Christmas cake would be made and baked. As this particular year, Stir Up Sunday coincided with a local ecumenical service we invited the whole congregation to take a turn at stirring the cake mixture that the children had made. Each congregation then took home a cake to bake and eat on Christmas day. I guess this blessing echoes the old Celtic tradition of weaving prayers around everyday domestic activities and could be used whenever you choose to bake the Christmas cake!*

We stir this cake as a sign of our waiting for God’s time  
We stir this cake as a sign of our longing for the advent of Christ’s birth  
We stir this cake as a sign of our hope for an ongoing friendship between our churches.

May this cake bake evenly and be carefully stored  
May this cake mature and develop in flavour  
May this cake be shared in celebration on Christmas day.

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