

Encompassing Prayer

This prayer may feel rather Celtic but actually draws more on First Nation traditions from the west coast of Canada of addressing prayers to God while turning to face each of the four directions of the compass and also making connections between the ancestors, the present world and the generations who are yet to come.

I look to the East where the sun breaks the dawn,
Christ is there
I look to the West where the sun slips from sight
Christ is there
I look to the North where the winter sun is scarce
Christ is there
I look to the South where the summer sun blazes warm
Christ is there
I look to the past where memories remind us of times gone by
Christ is there
I look to the future where dreams are dreamed and hope burns bright
Christ is there
I look at the faces revealed around me and the self buried within me
Christ is there.

©Clare McBeath & Tim Presswood, 2008