I Am Not So Sure About Blessing

We always say a blessing at the end of our worship. Part of it is that it says "The End". Part of it is a sending out prayer to encourage us to live out our faith through the week. This blessing acknowledges that often in the Bible the idea of blessing is mixed. It usually means that someone is commissioned to do something difficult! It does not mean a kind of benevolent best wishes! But when we say the blessing, there is something about commissioning ourselves to be a blessing to others, however hard that may be.

You ask me to be a blessing to others? Do you want me to sprinkle holy water or place my hand on someone's head or do you mean that I should try and be good? I'm not so sure I'm good at being good!

You ask me to be a blessing to others? Jesus' mother Mary was called blessed and she had to give birth in a dirty cow shed and then had to watch Jesus die on the cross. I'm not so sure that I really want to be blessed!

You ask me to be a blessing to others?
And hold up a mirror for me to see
What can I see?
I see me!
Oh I see,
you mean the blessing is me!
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